

FROM: \_\_\_\_\_

## Sleep Patient Referral Form



### Patient Information

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

### With this referral:

- 1. Please also Fax a copy of the last 2 notes, a face sheet and an insurance card.**

### Requested Service(s)

**Adult Sleep Consultation and Treatment with Garrett Bird M.D., C.M. or Curtis Clark APRN**

Excessive Daytime Sleepiness  Snoring

Atrial Fibrillation  Insomnia  Migraines  Narcolepsy  Right Heart Failure  Restless Legs  Shift Worker

Sleeping Pill Usage  Prior Stroke  Vehicular Accident

**Pediatric Sleep Consultation and Treatment with Garrett Bird M.D., C.M.**

ADHD  Autism Spectrum Disorder  Excessive Daytime Sleepiness  Insomnia  Developmental Delay

Hypersomnolence  Migraines  Obesity  Restless Sleeper  Tonsillar hypertrophy

Other: \_\_\_\_\_

**We offer full diagnostic care for all sleep disorders for adults and children.** Dr. Garrett Bird is also trained in Cognitive Behavioral Therapy for Insomnia (CBT-I) and can assist patients on sleeping pills wanting to improve their sleep quality.

From (Printed Name): \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date \_\_\_\_\_

## Please complete this form and fax to us at 801-931-2307

We will contact your patient to schedule their appointment then notify your office they are booked.

Sleep and Breathe Specialists, [www.changeyoursleep.com](http://www.changeyoursleep.com)

4063 W 12600 S #SABS (We are inside the ENT Center of Utah), Riverton, UT 84096-7302

Phone: 801-935-8180 Fax: 801-931-2307

**We accept most\* private insurance plans (Aetna, most BCBS/Regence/Availity, Cigna, Department of Labor, DMBA, Humana and United with a referral authorization, Multiplan, Select Health, Tricare, Medicare/CAQH, and almost all PEHP plans and others.)**

\*We do not take any Medicaid/Molina/Exchange plans.

**If you are not sure if we accept the patient's insurance, please fax it to us and we will verify their coverage and communicate that back to your office quickly.**